

**ST PETERS Tennis Club**  
**Coaching Programs Juniors and Adults**  
**Term 4 2017 starts 16 October**

**Junior 3players minimum, 7 max**

We will teach the right technique, footwork, improve coordination, learn tactic and and have fun

**Monday**

3.45-4.45 pm 5-7 years old  
6.15-7.15 pm 8-11 years old  
7.15-8.15 pm 13 +

**Thursday**

5-6 pm 8-10 years old  
6-7 pm 11-12 years old  
7-8 pm 13+

**Friday**

Junior club Night 4-7 pm Included in the membership fee

**Saturday**

2-3 pm 5-7 years old  
3-4pm 8-10 years old  
4-5 pm 11-14 years old

One session per week for 9 weeks \$105  
Two sessions per week for 9 weeks \$195

Contact Guillaume [admin@hamiltontennisacademy.co.nz](mailto:admin@hamiltontennisacademy.co.nz) 021 225 4052  
[www.nztennisacademy.co.nz](http://www.nztennisacademy.co.nz) for more informations

**HTA**  

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**Hamilton Tennis Academy**

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## **Adults 3 players minimum, 7 max**

**Doubles sessions**, focus on doubles, positioning, net game, serve and return, point play

Thursday 11 am

Saturday 5pm

Sunday 12pm

**Cardio session**, focus on intensity, movement combined with lots of hitting

Tuesday 12 pm

Wednesday 7 pm

Sunday 10 am

**Technical session**, we will focus on technique

Monday 6pm

Friday 12pm

Sunday 11 am

One session per week for 8 weeks \$105

### **Private lessons**

One hour Kevin/Denis \$55

Guillaume \$65

10 hours concession card Kevin/Denis \$500

Guillaume \$600

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